

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | |
|---|--------|---------|--|---|---|--|--|--|--|
| <h1>November</h1> <h2>Resident Center</h2> | | | 1 10:00am Bus #2 12:00pm Flu Clinic- Even Numbered Floors AUD 1:00pm Wii AR 7:30pm Edenforum Hampton Estate AUD | 2 10:00am Bible Class TM 10:30am Browns Orchard RR 2:00pm Goucher Alumni Reception PDR 7:30pm Bay Jazz Project AUD | 3 10:00am Catholic Svc TM 12:00pm Bus #6 1:00pm Wii AR 1:30pm Finding the Meaning of Life RR 4:30pm Wine Tasting AUD 7:00pm Vagabond RR | 4 10:30am Book Mobile 7:30pm Movie AUD | | | |
| <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Privatel Subscribers: Events highlighted in blue may be broadcast live on channel 84. Events are subject to change without notice.</p> </div> | | | 5 9:30am Church Bus A, B and D 10:40am Church Bus C and E 1:15pm Center Stage RR 3:00pm Sunday Worship AUD <i>Daylight Saving Time Ends</i> | 6 10:00am Bus #4 1:00pm Wii AR 1:00pm CCBC Women Artists TM RR 1:30pm Glee Club AUD 2:30pm Backgammon TM 3:00pm Readers Thtr AUD 7:30pm MaCCRA AUD | 7 12:30pm Duplicate Bridge TM 7:30pm Book Club PDR 7:30pm Bingo AUD | 8 10:00am Bus #1 1:00pm Wii AR 1:00pm Parkinson's Support Group PDR 7:30pm Sam York & Friends AUD | 9 10:00am Bible Class TM 10:30am National Portrait Gallery RR 1:30pm Doc. Film: Seymour: An Introduction AUD 2:00pm Catholic Mass TM 7:30pm Hot Horns AUD | 10 10:30am Bus #6 1:00pm Wii AR 1:30pm Residents' Association Mtg AUD 4:00pm Shabbat TM 7:00pm Poker Club TM 7:00pm BSO Classical Friday RR 7:30pm Veterans Day Concert AUD | 11 10:30am Coffee & Conversation PDR 10:30am Book Mobile 7:30pm Movie AUD |

| <u>Fitness Center</u> |
|---|
| Monday 9:00am Morning Stretch & Move FS 10:00am Strength & Stretching FS 10:30am Core and More FS 1:00pm Dance for PD FS 2:00pm Supervised Workout ER 2:00pm Tai Chi FS 3:00pm 10 minute Balance FS |
| Tuesday 8:15am Mall Walk RR 10:00am Better Balance with Tai Chi FS 10:30am Aqua Fit P 2:00pm Supervised Workout ER 2:00pm Cardio Barre Mix FS 3:15pm Strong & Fit FS |
| Wednesday 9:00am Stair Walking TL 10:00am Strength & Stretching FS 10:30am Core and More FS 11:30am Zumba (11/1 & 11/15 only) 2:00pm Supervised Workout ER 3:00pm 10 minute Balance FS |
| Thursday (no class 11/23 & 11/24) 10:30am Aqua Sculpt P 11:00am Chair Yoga FS 1:30pm Drums Alive FS 2:15pm Cardio Barre Mix FS 3:15pm Strong & Fit FS |
| Friday 9:00am Morning Stretch & Move FS 10:15am Beginner Balance FS 11:00am Balance FS 2:00pm Supervised Workout ER 3:00pm 10 minute Balance FS |



Sedan Service
 To Schedule an Appointment -or- Call for Pick-up:
410-339-6222

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|-----------------------------------|--------------------|---------------------------|
| LOCATION KEY | CR-Card Room 206 | LT- Lounge, Terraces |
| AR-Activity Room, 6th Floor Terr. | ER- Equipment Room | P-Pool |
| AS- Art Studio, 1205 | FS-Fitness Studio | PDR-2nd Floor Dining Room |
| AUD-Auditorium | G-Grille | RR-Registration Required |
| BR-Board Room | GR-Green Roof | TM-Terraces Multipurpose |

ALL Trips will depart from the Tower Lobby.

SUNDAY CHURCH BUS KEY

A: Immaculate Conception Catholic Church
 B: Church of the Holy Comforter
 C: Ascension Lutheran Church
 D: Towson United Methodist Church
 E: Trinity Episcopal Church

SHOPPING BUS SCHEDULE

Bus #1—SuperWalmart (Cockeysville), Hunt Valley Towne Center; Wegmans, Greetings & Readings, DSW
 Bus #2—Towson Place; Target, Walmart, Weis
 Bus #3— Walgreens, Lutherville Station; Kohls, Big Lots, ShopRite & RiteAid
 Bus #4—Giant (Timonium), Fairground Liquors
 Bus #5— Trader Joe's
 Bus #6—Towson Town Center, Safeway (York Road), CVS

Pool Closed Nov. 20-24

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|--|
| <p>12 9:30am Church Bus A, B and D 10:40am Church Bus C and E 1:15pm Center Stage RR 3:00pm Sunday Worship AUD</p> | <p>13 10:00am Bus #2 10:30am Healthcare Presentation-Med Suite BR RR 1:00pm Wii AR 1:00pm CCBC Women Artists TM RR 1:30pm Glee Club AUD 2:30pm Backgammon TM 3:00pm Readers Thtr AUD 7:30pm Edenforum Korean War: Why, What and Who AUD</p> | <p>14 10:30am Fire Safety & Emergency Preparedness AUD 12:30pm Duplicate Bridge TM 1:00pm Sagamore Spirits RR 1:30pm Fire Safety & Emergency Preparedness AUD 7:30pm Bingo AUD</p> | <p>15 12:00pm Bus #3 1:00pm Wii AR 2:00pm Caregivers Support Group TM 7:30pm Edenforum Korean War: Why, What and Who AUD</p> | <p>16 10:00am Bible Class TM 1:00pm Trail Walk RR 1:00pm Foreign Film: The Salesman AUD</p> | <p>17 10:00am Catholic Svc TM 10:00am Comp. Q&A AUD 12:00pm Bus #6 1:00pm Wii AR 1:30pm Finding the Meaning of Life AUD RR 7:30pm Albert Niedel AUD</p> | <p>18 10:30am Book Mobile 11:00am Student Piano Recital AUD 1:00pm Everyman Theater RR 7:30pm Movie AUD</p> |
| <p>19 9:30am Church Bus A, B and D 10:40am Church Bus C and E 3:00pm Sunday Worship AUD 4:45pm Shriver Hall RR</p> | <p>20 10:00am Bus #1 1:00pm Wii AR 1:30pm Glee Club AUD 2:30pm Backgammon TM 3:00pm Readers Thtr AUD 7:30pm Edenforum Earth's Changing Climate AUD</p> <p style="text-align: center;"><i>Deadline for Edentimes Submissions</i></p> | <p>21 11:00am Richardsons Farm RR 12:30pm Duplicate Bridge TM 7:30pm Bingo AUD</p> | <p>22 10:00am Bus #5 1:00pm Wii AR</p> | <p>23</p>  | <p>24 10:00am Catholic Svc TM 12:00pm Bus #6 4:00pm Shabbat TM 7:00pm Poker Club TM</p> | <p>25 10:30am Book Mobile 7:30pm Movie AUD</p> |
| <p>26 9:30am Church Bus A, B and D 10:40am Church Bus C and E 11:00am Brunch 3:00pm Sunday Worship AUD</p> | <p>27 10:00am Bus #1 1:00pm Wii AR 1:00pm Vaccination Bus to Safeway RR 1:30pm Glee Club AUD 2:30pm Backgammon TM 3:00pm Readers Thtr AUD 7:30pm Edenforum Earth's Changing Climate AUD</p> | <p>28 12:30pm Duplicate Bridge TM 6:30pm Holiday Brass Concert RR 7:30pm Bingo AUD</p> | <p>29 10:00am Bus #4 1:00pm Wii AR 1:30pm Bead it! BR RR 3:30pm Let's Write TM 7:30pm Edenforum John Shields AUD</p> | <p>30 10:00am Bible Class TM 11:30am Milton Inn RR 7:00pm BSO Classical Thursday RR 7:30pm Ain't Misbehavin AUD</p> | | |